



**IAT**  
Equity, Diversity and Inclusion



## Webinar

### **Real Talk: Bodies, Brains and the Bits We Don't Discuss**

Let's open up the conversations we often shy away from—non-visible disabilities like dyslexia and autism, men's health, testicular cancer awareness (with support from the OddBalls Foundation), and menopause.

This workshop isn't just for those directly affected. It's for anyone who wants to better understand the people around them. Because no matter how you identify, or whether you're 20 or 60, these issues shape the lives of your friends, family, colleagues—and maybe even your future self. Real talk builds empathy, breaks stigma, and helps us all show up better for one another.

This event starting at **14.00hrs on the 12th November** will be via zoom, the link will be supplied after you register here:

<https://forms.office.com/e/wHCRGASyAX> [forms.office.com]

**14.00 Non-visible disabilities**

**14.30 Men health, Taboo or not? My experiences - Gary Stephens**

**15.00 Raising Awareness about testicular Cancer - The OddBalls Foundation, we care about BALLS and so should you!**

**15.30 Menopause and perimenopause symptoms can have a big impact on a females life, including relationships and work.**

scan the QR to sign up

